

A Perspective on Challenges in Women Empowerment and Scientific Spirituality as the Breakthrough Mantra to Etch Women as Change Agents of New Age

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Abstract—*Stepping into the 21st century was envisaged as a fifth gear in the alleviation velocity of women, worldwide. Terms like 'Gender Inclusiveness', 'Gender Balanced Leadership', and 'Gender Parity' have definitely sought a status of practical reality than being mere jargons, used by stakeholders of societal development. However, the graph of crimes against women continues to rise and most importantly, the victims are not just the ones limited to the rural boundaries. The educational and the economic capacity building too fail to mask the stereotypical approaches of the society towards women in the urban sectors as well. The steep percentage of 6.6 of women CEOs, being just 33 in numbers in the 2019 list of Fortune 500 is an evident mark of gender disparity, worldwide. The glass ceiling has definitely risen to a new height but it is crucial and unfortunate to note that the ceiling is still there. Even when we have 2020 just round the corner, why 'Women Empowerment' is still something we are striving to establish?*

This perspective article presents an insight into the root cause of gender disparity as ingrained gender inequality in the individual mindset further translating into the societal mindset. Considering the human mind to be the scriptwriter of human actions, a concern is raised to explore the psycho-analytical dimension of women empowerment based on scientific spirituality over and above the socio-economic and political ones that already exist; and thus understand the ideology of holistic women empowerment. This article also brings out case studies from annals of history and decodes the socio-spiritual science of etching women as change agents of the new age.

Keywords: *Women Empowerment; Gender Disparity; Glass Ceiling; Change Agents; Scientific Spirituality; Brain Connectivity.*